

Seniors Rights

Come along to a free information session and discussion workshop

We all want to be treated well and treated with respect, no matter where we are in life. This may sometimes get forgotten with the day-to-day pressures faced by both individuals and families.

Learn the signs of mistreatment of older people

Understand what leads to this situation and how you can help

Find out how to get support for older people and their carers and families

Mistreatment of older people is a complex and sensitive issue.

It can take the form of financial, physical, emotional, social or psychological mistreatment, and can include restricting contact with friends, ignoring health needs and neglect.

What will be covered?

- The signs to look for that indicate mistreatment or stress in older people and their families
- What you can do to reduce and prevent it
- Where you can go for advice, support and assistance
- Further information on what the Victorian Government is doing to address this issue and support older people in our community

Who should attend?

- Seniors
- Carers of older people
- Families with older relatives
- Health care professionals
- Concerned and caring community members

Open to all regardless of age or gender

When: Thursday 2nd December, 1-3.30pm. Afternoon tea provided
Where: Cobaw Community Health's Community Activity Centre, 8 Mollison Pl, Kyneton
Cost: This information session is **FREE** to all who attend
RSVP: by Mon 29th November, contact Teneille Summers on (03) 5443 0233 or email teneille.summers@whlm.org.au



Facilitated by Women's Health Loddon Mallee, funded by the Victorian Government, with presenters from Seniors Rights Victoria. Seniors Rights Victoria is a Victorian Government initiative that provides telephone information and referral, advocacy and support, legal services and community and professional education.

Their **free 1300 368 821 helpline is open from 10am-5pm Mon-Fri**. If someone is in immediate danger contact Victoria Police on 000.